

Agility Right from the Start: Chapter 14- Starts

Print these exercises so you can easily take them with you during your next training session.

Exercise 34: Add the “go” cue

1. Show your dog the remote reward.
2. Transport him away.
3. Turn, stop, and stand still (simultaneously, the helper revs up the reward).
4. Your dog looks ahead, and you feel he’s ready to dash away.
5. Say “go” and let go.
6. Your dog blasts away and races to his remote reward.

Suggested tag points:

- Hold on to dog in transport
- Be neutral while saying “go”
- Say “go” as you open your hand (tag for saying the word)
- Open your hand as you say “go” (tag for opening the hand)

Notes for exercise 34:

Exercise 35: “Go” and throw” Say “go” just before the toy appears

1. Stand with your dog at your side or slightly ahead of you, lightly holding on to him.
2. Your helper stands behind you, ready to throw the toy over your shoulder.
3. Your helper pats your shoulder as she throws the toy.
4. Cue “go” just before your dog sees the toy.
5. Best-case scenario, your dog starts moving ahead.
6. The toy appears in front of your dog.
7. Your dog dashes to get his reward.

Suggested tag points:

- Say “go” at pat
- Remain neutral while saying “go”

Notes for exercise 35:

Exercise 36: “Go” and throw: Say “go” and the throw the toy as your dog starts

1. Stand with your dog at your side or slightly ahead of you.
2. Say “go”.
3. Your dog starts.
4. Your helper (or you) throws the toy as a reward.

Suggested tag points:

- Remain neutral when saying “go”
- Throw as your dog starts

Notes for exercise 36:
