

Agility Right from the Start: Chapter 12- Movement

Print these exercises so you can easily take them with you during your next training session.

Exercise 30: Teach your dog to mount a stable board

1. Hold on to the board so that it cannot move, or build it up to make it steady.
2. Transport your dog to a starting point close to the board.
3. End the transport.
4. Immediately click for nose pointing toward the board.
5. Reward ahead, in the direction of the board.
6. Continue the shaping, clicking, and treating for aiming for the board, moving toward it, putting front feet on it, and eventually standing on it.
7. When you wish to end the session, use the last reward to transport your dog away from the board.

Notes for exercise 30:

Exercise 31: Introduce your dog to movement on the board

1. Hold the board steady.
2. Transport your dog to a starting point close the board.
3. End the transport.
4. Your dog gets on the board (front fee only, or all four).
5. Rock the board ever so slightly.
6. Immediately deliver a fabulous reward.
7. Repeat the pairing of a rock-reward a few times.
8. Use the final reward to transport your dog off the board.
9. Let him offer to repeat the exercise.

Notes for exercise 31:
